

PRIVATE PRACTICE RESOURCES

PSYCHOTHERAPY PRACTICES

PROVIDER	ADDRESS	PHONE / WEBSITE	SERVICES	Fees	S
Appletree Mental Health Services	39210 State Street Suite 109 Fremont 94538	408-800-4177 www.appletreebhs.com	Individual, family, group counseling; psychological assessments; classes.	Insurance & Fee for Service	A
Campbell Family Therapy	441 N. Central Ave #6 Campbell 95008	408-579-9806 campbellteenfamilytherapy.com	Individual and family counseling; parent coaching; EMDR trauma therapy.	Fee for Service	F
Child & Family Counseling Group Inc.	3880 Bascom Street Suite 115 San Jose 95124	408-351-1044 www.childfamilygroup.com	Individual, family, group counseling; classes; parent/divorce coaching	Fee for Service	C F
Choice Teen Therapy	155 E. Campbell Ave Suite 122 Campbell 95008	408-390-4199 www.choicesteentherapy.com	CBT focused Individual, family counseling; parent support;	Fee for Service	F
Cognitive Behavioral Therapy Center	12961 Village Drive, #C Saratoga 95070	408-384-8404 www.cognitivetherapycenter.com	CBT for anxiety disorders, OCD and eating disorders.	Fee for Service	A
Fremont Counseling Services	3100 Mowry Ave #410 Fremont 94538	510-342-3263	Individual and family counseling, social skills groups	Fee for Service	A
Los Gatos Therapy Center	246 Union Avenue Los Gatos, CA 95032	408-389-3538 www.losgatosteentherapy.com	Individual and family counseling; parent coaching.	Fee for Service	F
Marriage Research Institute Therapy Clinic	555 Middlefield Drive Palo Alto 94301	650-321-3055 www.mri.org	Individuals, couples, and families: Strategic Family Therapy approach.	Fee for Service	A
Palo Alto Therapy	407 Sherman Ave Suite C Palo Alto 94306	650-461-9026 www.paloaltotherapy.com	CBT for anxiety, phobias, OCD, stress, depression, families, etc.	Fee for Service	A
Parenting Plus Family Counseling	2875 Middlefield Road Suite 8 Palo Alto 94306	650-328-7587 parentingpluscounseling.com	Individual, family counseling; classes; parent coaching; sand tray/art therapy	Fee for Service	C F
Processes Therapy Institute	595 Millich Drive Suite 102 Campbell, CA 95008	408-963-6694 www.processes.org	Individual and family counseling; psycho-educational classes.	Sliding Scale	A
My Therapy Works	334 Village Lane Los Gatos 95030	408-508-6789 www.mytherapyworks.org	Children, teens, adults, families, groups, classes; and teen drug abuse program.	Fee for Service	A
Thrive Family Therapy	18890 Cox Ave Suite 160 Saratoga 95070	408-384-9297 www.thrivefamilytherapy.org	Individual and family counseling and parenting support.	Fee for Service	A

JAL PSYCHOTHERAPY PRACTICES

OS / SARATOGA

TER	ADDRESS	PHONE / WEBSITE	SERVICES/SPECIALTIES	Fees	SI
Pina,	401 Alberto Way Los Gatos 95032	408-505-7833 www.johnpina.com	Individual and family counseling; parent coaching; substance abuse; ADHD; mood disorders; behavioral problems; anger.	Fee for Service	Cl - A Fz
Land,	409 Alberto Way Suite 8 Los Gatos 95032	408-395-3577 www.drrobertland.com	Individual and family counseling for children, teens, families; young men's groups; EMDR	Fee for Service	Cl - Y A
ment,	800 Pollard Road Suite B-207 Los Gatos 95032	408-550-5101 www.hollyosment.com	Individual and family counseling for teens and parents; mood disorders; grief/loss; divorce; self-harm.	Fee for Service	- Fa
ingh,	12280 Saratoga- Sunnysvale Rd Suite 212 Saratoga 95070	408-384-9638 www.amritasinghmft.com	Individual, family, and group counseling for children, teens, adults; parent support; autism spectrum; multicultural issues.	Fee for Service	Cl - Fa
man,	20688 4th Street Suite 6 Saratoga 95070	408-872-0222 www.jhermanmft.typepad.com	Individual and family counseling for adolescents and adults; emotion management; decision-making.	Fee for Service	- Fa
ardia,	315 Los Gatos Saratoga Rd Los Gatos 95030	408-608-8007 www.rosalindcardialmft.com	Individual and family counseling for teens, young adults, and families.	Fee for Service	- Y A Fa
Vade,	405 Alberto Way Suite #4 Los Gatos 95032	408-666-3512 www.twadetherapy.com	Individual and family counseling for teens and adults; high risk behaviors; parent coaching; anxiety/depression.	Fee for Service	- Fa
axwell,	800 Pollard Road Los Gatos	408-919-1279 www.doreenmaxweel.com	Individual and family counseling for children, teens, adults; sand tray; Hakomi Therapy.	Fee for Service	Cl - Fa
line,	101 Church St. Suite 9 Los Gatos 95030	408-354-1222 familytherapyoflosgatos.com	Individual and family counseling for children, teens, adults. CBT and Family Systems approach.	Fee for Service	Cl - Fa
Hartl	18809 Cox Ave Suite 290 Saratoga 95070	408-603-9857 www.drtamarahartl.net	CBT focused treatment for anxiety disorders.	Fee for Service	A

FO / LOS ALTOS

PROVIDER	ADDRESS	PHONE / WEBSITE	SERVICES/SPECIALTIES	Fees
Miller, Ph.D.	366 California Ave Palo Alto 94306	650-321-6372 www.jeffreymillerphd.com	Individual therapy for teens and adults.	Fee for Service
Cooper, Ph.D.	305 California Ave Suite 202B Palo Alto 94301	650-529-5188 www.jillmcooper.com	Individual and family counseling.	Fee for Service
Taggart, Ph.D.	361 Kipling Street Palo Alto 94301	650-223-3314 www.ashleytaggart.com	Individual counseling for parents with teens.	Fee for Service
Chandler, Ph.D.	555 Middlefield Road Palo Alto 94301	650-321-9710 www.karinchandler.com	Individual counseling for children, teens, young adults; parent coaching, social skills groups; EMDR/play therapy/DBT	Fee for Service
Bhori, Ph.D.	467 Hamilton Ave Suite 23 Palo Alto 94301	650-323-1225 www.drjonbhori.com	Individual and family counseling; psychological assessment; developmental disabilities; justice involved; divorce issues.	Fee for Service
Leventhal-Belfer, Ph.D.	4275 Los Palos Ave Palo Alto 94306	650-322-4431 www.drleventhalbelfer.com	Individual and family therapy; parent consultation; assessments; school observations; teen social skills groups; anxiety/stress/autism spectrum.	Fee for Service
Haber, Ph.D.	117 S. California Avenue Suite D201 Palo Alto 94306	650-930-6085 marsyhabermft@att.net	CBT and Mindfulness-based treatment for children adolescents and adults.	Fee for Service
Conway, Ph.D.	851 Fremont Ave. Suite 210 Los Altos, 94024	650-336-8033 darinconway.wix.com/mysite	CBT, Family Based Treatment (FBT), and Solution Focused Therapy for adolescents, young adults, parents, families	Fee for Service

FO / SAN JOSE

PROVIDER	ADDRESS	PHONE / WEBSITE	SERVICES/SPECIALTIES	Fees
Krautter, PsyD	51 East Campbell Ave Suite 170 Campbell 95008	408-808-1580 www.drtonja.com	Individual and family counseling for children, teens, adults; groups; eating disorders; sexual assault; abuse; dv; self-harm.	Fee for Service
Bowers, LMFT	2155 Bascom Ave Suite 203 Campbell 95008	408-380-1223 www.marystonebowers.com	Individual and family counseling for children; play therapy approach.	Fee for Service
Kent, LMFT	1210 Bascom Ave Suite 114 San Jose 95128	408-757-7323 www.kentmft.com	Individual and family counseling for children, teens and adults.	Fee for Service
Burch, LMFT	3880 Bascom Ave Suite 208 San Jose 95124	408-369-1900 www.myfamilyharmony.com	Individual, family, and group counseling for children and teens; parenting classes.	Fee for Service

owell, LMFT	3880 Bascom Ave Suite 208 San Jose 95124	408-369-9800 www.amypowellmft.com	Individual, family, and group counseling for children and teens	Fee for Service
al Deol, LMFT	1885 The Alameda Suite 100 San Jose	510-413-8414 www.tinadeol.com	Individual and family counseling for children, teens, and adults.	Fee for Service

S / FREMONT

PROVIDER	ADDRESS	PHONE / WEBSITE	SERVICES/SPECIALTIES	Fees
Kapoor, PsyD.	1525 McCarthy Blvd #1000 Milpitas 95035	408-520-1002 www.drshilpakapoor.com	Individual and family counseling for children, teens, parents.	Fee for Service
Manfared, PsyD		408-418-6019		
Leonard-Iso, LMFT	830 Hillview Dr. #260 Milpitas 95035	408-946-2399	Individual and family counseling for children, teens, parents	Fee for Service
Barbera, LMFT	39825 Paseo Padre Pkwy Suite C Fremont 94538	510-402-2855 www.hollylabarbera.com	Individual and family counseling for teens.	Fee for Service
ela Fix, LMFT	39812 Mission Blvd Suite 106 Fremont, CA 94539	510-585-3514 www.gracielifixmft.net	Bilingual (Spanish/English) services; individual and family counseling for all ages; trauma, EMDR, EFT, LGBTQ, cultural issues	Insurance & Fee for Service
i Dayal, LMFT	39791 Paseo Padre Pkwy Suite H Fremont 94538	510-612-6471 www.shalinimft.com	Individual and family counseling for children, teens, parents.	Insurance & Fee for Service