



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PROJECT
CORNERSTONE
A YMCA of Silicon Valley Initiative



PROJECT CORNERSTONE FOR PARENTS

Take It Personally 6-Week Workshop
In partnership with the Parenting Continuum

DATE: 10/14, 10/21, 10/28, 11/4, 11/18, 12/2

TIME: 8:45 AM - 10:00 AM

PLACE: Fisher Middle School (All schools welcome)

SUGGESTED DONATION: \$20.00

Join us for this 6-week research based series!

- What are the 8 Keys To Success?
- Tools for building stronger family communication.
- Setting and keeping safe boundaries/rules that teach.
- Passing along our values, like lifelong learning...
- Skills for growing, living and connecting with others.
- Taking every moment as an opportunity to build stronger relationships with youth.

FOR DETAILS CONTACT:

Ziem@projectcornerstone.org

Sign up today at



<http://www.signupgenius.com/go/60b0945aba72d6-take>

**Kids want support from caring adults
and parents want tools to support kids**

PARTICIPANT COMMENTS

**"I came here to change my children. By the end,
I changed myself."**

**"Parenting today is difficult. Children are exposed to a
lot of influences in every day life. It's daunting trying
to raise children that grow up to be upstanding and
productive adults."**

**"Take It Personally" is a great course where parents
can share ideas and information and have valuable
conversations around difficult issues."**