



*and the Guidance Department Present:*

# **SURVIVING SENIOR YEAR:**

## **A Practical Guide to the College Transition**

Speaker: Jerrold Lee Shapiro, Ph.D.

**Wednesday, September 30, 2009**

**7:00 - 9:00 p.m.**

**Los Gatos High School Theater**

Admission is Free

Target Audience: Students & Parents of Juniors & Seniors

- Explore the realities of college selection using techniques to maximize your child's chance for acceptance and a good fit.
- You will be exposed to less familiar schools to address your child's learning style, level of independence, personality, finances, ambiance, etc.
- Learn how to understand the informational and emotional concerns of the college bound child.
- Explore the role of anxiety as an aid and a hindrance to good decision-making.

**Dr. Shapiro** is a Professor of Counseling Psychology at Santa Clara University. He is a veteran of workshops and media appearances (including Oprah, CNN, the CBS News and Morning Shows, PBS, etc.). Come early, recently his presentation has been standing room only at other high schools. For more information call Karla Albright at 358-8936 or [kmalbright@gmail.com](mailto:kmalbright@gmail.com)

**the parenting CONTINUUM** is a community alliance that provides networking and parenting education opportunities. The mission of the Continuum is to teach, support, and nurture the whole child and family relationships. It includes the Los Gatos Unified School District, H&SC of Los Gatos, Saratoga High School PTSO, Adult Education of LGS Recreation, Healthy Lifestyles Committee of LGSUHSD Adult Education, CASA (Community Against Substance Abuse), and Teen and Family Counseling Center.